

Examples of OSU Extension Engaging with Urban Communities in 2022

Ohio's Urban Extension

With 11.8 million residents, Ohio is the seventh most populous state in the nation. More than 50% of Ohio residents live in 10 of the 88 counties.

Ohio: 2020 Core Based Statistical Areas and Counties



U.S. Census Bureau, Population Division

Ohio has 12 Combined Statistical Areas According to the U.S. Census Bureau

Combined Statistical Areas (CSAs) consist of two or more adjacent Core-Based Statistical Areas (CBSAs) that have significant employment interchanges. CBSAs consist of the county or counties (or equivalent entities) associated with at least one core (urbanized area or urban cluster) of at least 10,000 population, plus adjacent counties having a high degree of social and economic integration with the core as measured through commuting ties.



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Urban October

OSU Extension joined the global community to celebrate Urban October. Ohio's theme this year was Celebrating Our Urban-Rural Connections – Where We Live, Work, Play, Learn & Serve.



Scan the QR Code to check out the 1-minute video.

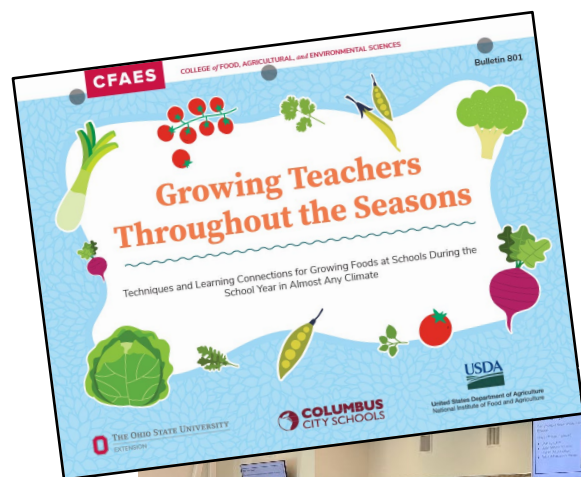
Warren & Butler County 4-H



Warren and Butler County 4-H programs partnered with the Islamic Center of Greater Cincinnati to hold a joint teen cultural learning opportunity. Teens enjoyed Middle Eastern food, participated in team building and leadership activities, shared challenges about being a Muslim teen in today's world, learned about the 4-H program, and had the opportunity to tour the mosque. This project is a way of getting 4-H members out of their comfort zone and out in the community. Group will continue to meet at different locations in the SW Ohio area throughout 2023. (Steve Brady.111)

Franklin County: Growing Teachers Throughout the Seasons

Carol Smathers (FCS) and Tim McDermott (ANR) are working with Columbus City Schools, to pilot a school-year growing curriculum involving three methods: indoor seed starting, raised beds, and aerponics. Over 40 teachers who implement school gardens in this urban school district are providing feedback.



This work is supported by the Agriculture and Food Research Initiative's Professional Development for Agricultural Literacy Program Priority Area [grant no 2020-67037-31075/project accession no. 1021641] from the USDA National Institute of Food and Agriculture.



Montgomery County: Adventure Central



Adventure Central is a trusted, community-based, positive youth development partnership serving urban children and their parents in the West Dayton community. This nationally recognized program has been providing children and families opportunities to change their lives through building positive well-being, higher academic performance, and less involvement in risky behaviors. (Nate Arnett.67)



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Franklin County

Sue Hogan.239

Growing Garden
Leaders 4-H
Day Camp



School Garden
Conference



Grow Kindness Day Planting



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Summit County EFNEP

Nicolette Decatur, Donna Greene, and Monique Chapman working in the community to meet families and youth where they live, work, and play. Teaching nutrition education and making a difference everyday.



AMHA
Akron Public Schools
Barberton Anna
Community Ministries
CBCF
Oriana House (multiple sites)
Restore Addiction
SHARP

Seiberling School
Adult Classes
TMRC
The Highlands
Exchange House
United Way
Akron Pregnancy
Services



For more information:
Summit.osu.edu

Franklin County 4-H SPIN Clubs

Sue Hogan.239



Animals in Agriculture



In the Garden



All About Flower Arrangement



Polar



Soils (with iPads)



Stark County EFNEP

Danielle Massey and Carrie Haines working in the community to meet families and youth where they live, work, and play. Teaching nutrition education and making a difference everyday.



Alliance YMCA Adult and Youth Class



Goodwill Campus Class



School Outreach



Stark County Food Council and Voices For Food



Introducing Linda Hershberger



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For more information:
Stark.osu.edu

Mahoning County EFNEP

Robin Adams and Emmalee Wince working in the community to meet families and youth where they live, work, and play. Teaching nutrition education and making a difference everyday.



Classes at the Pregnancy Help Center



National EFNEP Educator Award with Mahoning County Commissioners & Area Leader

For more information: mahoning.osu.edu



FB Live at the
African American
Male Wellness Walk
Go.osu.edu/gorobin

THU 7:11 PM

Robin, I wanted to apologize for missing your class yesterday. I'm down flat with pneumonia!! I have been battling it for over 10 days now but trying to stay out of the hospital. If you send me the link I promise to attend next week's class no matter what! I love your classes ❤️

THU 8:39 PM

OMG! Don't you even give it a thought. We can do a make up if you want when you're better! Sending prayers dear friend!

EFNEP
participant text



OSU Be Kind
Food Distribution



Virtual EFNEP in Spanish Pilot Project

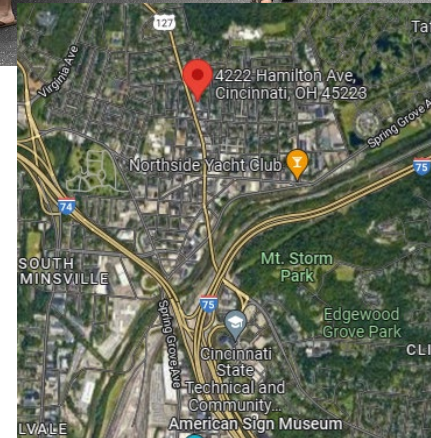
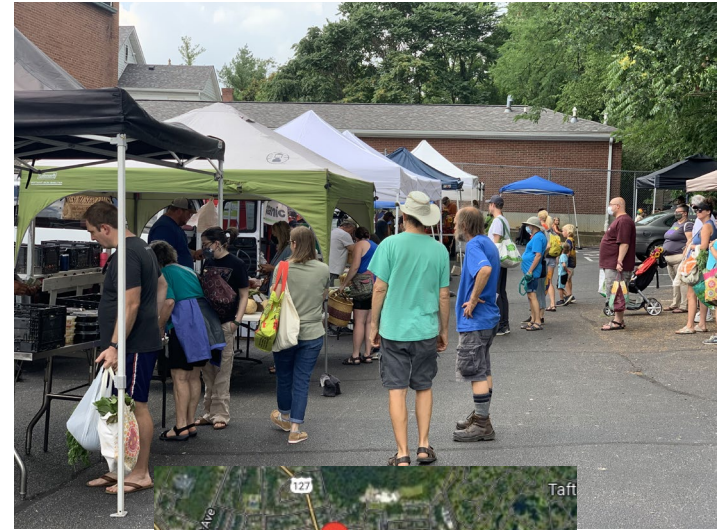


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Hamilton County

Creating a stronger food system in urban Cincinnati through increased vendor support, enhanced visibility, and greater market stability.



Working to make Northside Farmers Market a place for customers to find healthful and affordable food and for vendors to thrive. This project aims to 1) Increase food access through intensified outreach and marketing; 2) Support new and existing farmers and food producers through incentives, training, and mentoring; and 3) Build NFM's capacity to sustain long-term growth.

Project Supported by USDA AMD FMPP - # 21FMPP0H1059-00 Contact Christie Welch, welch.183@osu.edu



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Lucas County



Community Nutrition programs partnered with Toledo Lucas County Health Department and ProMedica to provide programs and resources to residents of two Lucas Metropolitan Housing Agency communities.



Mindfulness and teamwork games go hand-in-hand at Padua Center. Students participated in a series of mindfulness lessons over the weeks of summer camp.

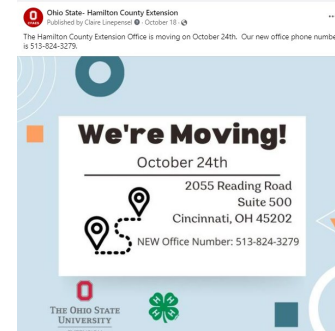
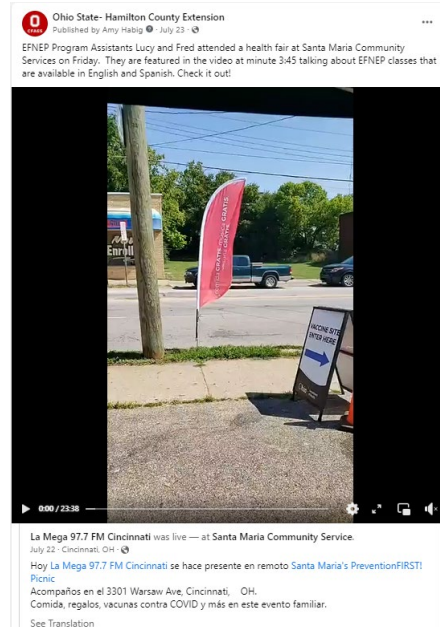
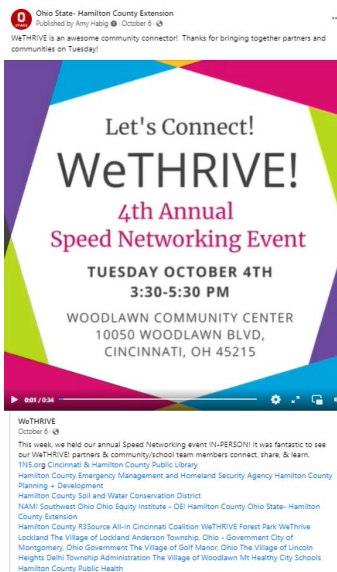
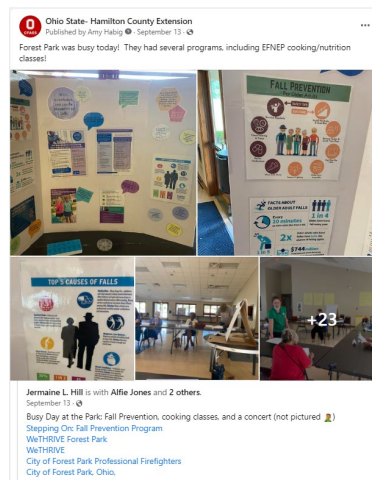
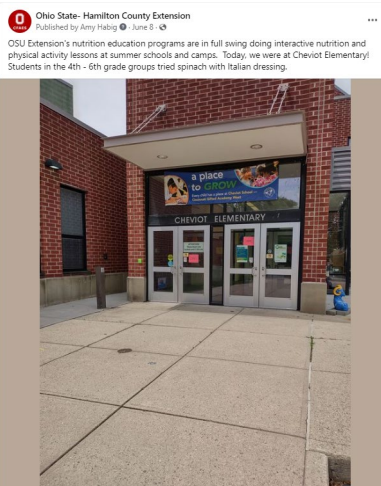
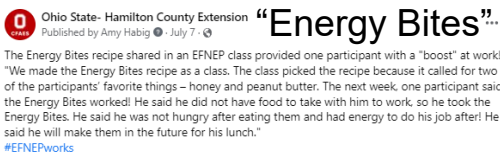
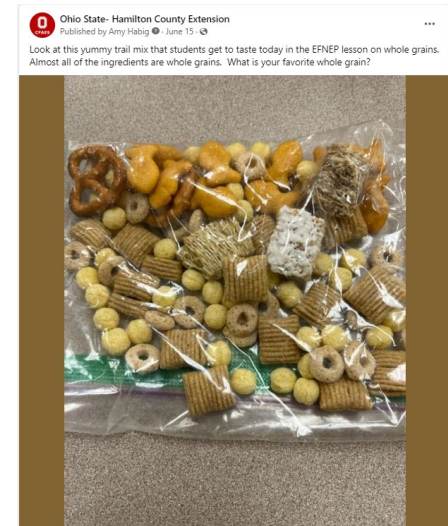
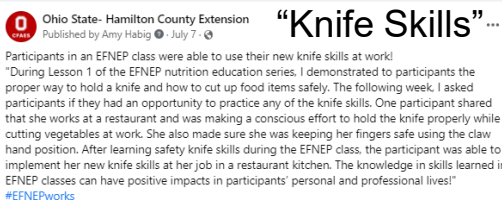


All hands-on deck at Robinson summer program. EFNEP and SNAP-Ed taught nutrition classes, 4-H offered animal science, ANR taught botany, and FCS taught mindfulness.



SNAP-Ed was awarded a PSE mini-grant to assist Brightside Academy in installing portable gardens at their three early childhood sites.

OSU Extension EFNEP Hamilton County (Cincinnati)



Franklin County Master Gardener Volunteers Tackle Urban Food Insecurity



Throughout Ohio one in six households is food insecure. The incidence of hunger is even greater in underserved neighborhoods in Ohio cities. Master Gardener Volunteers (MGVs) in Franklin County are addressing this problem through various educational initiatives:

- MGVs grew and donated 31,478 pounds of fresh produce to 28 different food pantries in Franklin County in 2021
- MGVs taught 412 individuals how to grow vegetables, fruits, and herbs for their families in backyard and community gardens
- Food insecurity rates were reduced for participating households

(Mike Hogan.1)



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Franklin County: Training Urban Farmers

The Master Urban Farmer program trains individuals to develop and operate urban farms and urban food-based businesses. The 12-week class was developed by OSU Extension and first piloted in the Weinland Park neighborhood in Columbus in 2014. Since that time, nearly 400 individuals have graduated from the program in Columbus.

The Master Urban Farmer program has also been taught in Toledo, Dayton, and Akron in Ohio and in Chicago, IL.

As a result of participating in the program, participants reported the following impacts:

- 97% increased their knowledge about urban farming
- 42% planned to start a new business or enterprise
- 74% planned to produce more food from their operation
- 18% planned to increase family income
- 88% planned to produce higher quality or safer food

(Mike Hogan.1)



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Mahoning County: Veggies and More Tour

OSU Extension staff and trained Master Gardener Volunteers for the 2023 Veggies and More Tour, Growing Local Foods: Urban Farms & Gardens Summer Tour Series in Mahoning County.

Participants learned about growing practices, helpful tips, soils, organic production, and more. This Veggies and More Tour was at the GROW Urban Farm in Youngstown. (Eric Barrett.90)



Addressing Food Insecurity

Ohio State's Office of Student Life led an effort of more than 600 volunteers to package 175,000 meals.

The packaged meals were delivered to southeast Ohio via Ohio State's football tractor trailer for distribution through OSU Extension and local community partners. The 175,000 meals were distributed to 35 agencies in Athens, Washington, Meigs, and Gallia counties.

West Virginia University also packed meals and then participated in a meet-up with OSU Extension along the Ohio riverfront.



Scan the QR
Code to check
out the 2-minute
video.

